

# QUIZ

## Are Your Children Substance Users?

By Gianni DeVincent Hayes, Ph.D

Although this is not an exhaustive test offering you a definite diagnosis of the condition of your children and their potential for using and/or abusing substances, this quiz will give you a sense of what shape your child may be in and whether you need to get him or her help.

1. Does your child's behavior seem different from their normal personality, such as displaying anger, showing irritability? \_\_\_\_\_

2. Does your child seem to argue with you over little things, act disrespectful at times, or challenge you? \_\_\_\_\_

3. Does your son or your daughter stay out beyond curfew? \_\_\_\_\_

4. Does he or she seem to be in trouble with the law in some manner, even a warning or citation, when that type of behavior was not part of his or her character before? \_\_\_\_\_

5. Have there been incidents at school that indicate your child may be having socialization problems? \_\_\_\_\_

6. Are you or their teachers disciplining your child frequently? \_\_\_\_\_

7. Does your child seem to be acting secretly? \_\_\_\_\_

8. Have his or her friends changed, and he or she is hanging around peers whom you question or who negatively influence your child? \_\_\_\_\_

9. Do you think you are missing some items in your home, perhaps something that your child can pawn to get money for drugs? \_\_\_\_\_

10. Does your child seem to get ill more frequently? \_\_\_\_\_

11. Does your son or daughter get into more accidents of recent? \_\_\_\_\_

12. Has his or her appetite decreased? \_\_\_\_\_

13. Does your child exhibit any of these symptoms: dilated or constricted, or red and glazed over eyes or pupils, running nose, have the shakes, smell of alcohol, have slurred speech, excess fatigue, lasting cough, in poor physical condition? \_\_\_\_\_

14. Is he or she exhibiting irresponsible behavior or poor judgment? \_\_\_\_\_

15. Does your son or daughter show a lack of interest in things he or she or the family used to do, and does he or she seem negative and break rules, thus changing the family dynamics? \_\_\_\_\_

16. Has your child's grades dropped, or he or she is truant from school, has accumulating absences? \_\_\_\_\_

17. Has he or she changed style of dress, from conventional to more radical or bizarre, or from his or her normal style to more expensive clothing? \_\_\_\_\_

18. Is he or she reading books or magazines, or listening to music that deviates from his or her former personality \_\_\_\_\_?

19. Does your child take uncharacteristic risks, or engage in sexually risky behavior? \_\_\_\_\_

Answering yes to any of the above questions may indicate a problem. Watch your child closely. Any combination of questions that resulted in a "yes" answer strongly leans toward your child's likelihood of experimenting or using drugs.

It's important to test your children randomly. American Drug Testing Consultants' (ADTC) Parent Package not only will give you instant results (within 5 minutes) of which of ten drugs your child may be experimenting with, but it also tells you if they're consuming alcohol.

The Parents' Package tests for amphetamines, cocaine, methamphetamines, THC (marijuana) benzodiazepines, barbiturates, methadone, ecstasy, opiates, and PCP, and provides a detailed educational manual on books, contains 17 pieces of literature, a phone helpline, and a Family Pledge. If your children know you will test them randomly, they will have a good excuse to deflect a friend pressuring them to try. It takes the pressure off them, and worry off you.



Gianni DeVincent Hayes

### MAGGIE'S MEMO:

DR. GIANNI DEVINCENT HAYES is the owner of AMERICAN DRUG TESTING CONSULTANTS which provides kits to help parents fight drug abuse in their children. Dr. Hayes is willing to talk to any school, group, organization, or individual on this topic. She earned her Ph.D Summa cum Laude from the University of Maryland, College Park, where they set up an archive in her name. Both her masters are from Duquesne University with honor in scientific research and educational administration. Her bachelor's degree is from Gannon University in biology/chemistry, where she was honored with The Distinguished Alumni Award and was bestowed the same honor from her high school alma mater. She also earned The Letter of Highest Commendation at the University of Pittsburgh and was endowed to Middlebury College's and the University of Rochester's writing programs. She has written for Woman's Day, Redbook, US, People, Parade, etc., and is the author of 14 published books. She has been featured on A & E Biography and PCN TV with nine million viewers. She speaks internationally, is an online syndicated columnist for 22 newspapers, hosts a live radio show on The American Voice Radio Network, appears in Contemporary Authors encyclopedia, was nominated for the Governor's Award of Writing, and honored for Women's History Month. Dr. Hayes is a former professor and college department chair.